

## Programme for Autumn/Winter 2016/2017

From 01 November 2016 until 31 March 2017, the programme is made up mainly of river trips. There are no sessions at The Braid on Sunday's during the winter unless specified on the programme. If you would like to come along on a river trip please contact one of the numbers listed at the bottom of the programme or keep a look out on Messenger if you are a Facebook user. You must ask if the trip is suitable for your ability.

River trips involve travelling to a specified place where the trip will begin, there will be a shuttle to arrange, anyone needing kit from Shorebase must ask well in advance to arrange for someone to open up and access the kit.

The programme is subject to change, you will be notified in advance if there are any changes.

There are also pool sessions at Willowburn Leisure Centre, Alnwick on Friday nights. Pre booking is essential by ringing Willowburn Leisure Centre. Any queries can be e mailed to [info@coquetcanooclub.co.uk](mailto:info@coquetcanooclub.co.uk) .

Keep checking for updates.

Date	Coquet Canoe Club Activity	Alternative Activity
Sunday 06 November 2016	Tyne Tour trip from Wark to Barrasford.	Our club usually mans the car park at Wark, we need volunteers to help with that, let Linda know if you can help out.
Sunday 13 November 2016	River trip contact one of the numbers below to find out where and when.	Session at the lake, improve your paddling skills. Please ring to confirm you will be going to the lake.
Sunday 20 November 2016	River trip contact one of the numbers below to find out where and when	Linda not available
Sunday 27 November 2016	Coach Training	

Sunday 04 December 2016	River trip contact Ali to find out where and when.	If you have your own kit and transport, contact Ali, 07932783349
Sunday 11 December 2016	River trip Morwick to Warkworth Practise run for the Weir wolf paddle.	
Sunday 18 December 2016	Weir wolf paddle - Morwick to Warkworth followed by a BBQ at Shorebase The Braid.	Meet at Shorebase 3.00 pm
Saturday 24 December 2016(Christmas Eve)	Through the bridges on the river Tyne Let someone know if you are coming.	HW 12.01 pm
Monday 26 December 2016(Boxing Day)	Durham to Finchale Abbey - Boxing Day Race	You don't have to race, can just follow the people racing.
Sunday 08 January 2017	River trip contact one of the numbers below to find out where and when	
Sunday 15 January 2017	Coach Training	
Sunday 22 January 2017	River trip contact one of the numbers below to find out where and when	
Sunday 29 January 2017	River trip contact one of the numbers below to find out where and when	Session at the lake, improve your paddling skills, Please ring to confirm you will be going to the lake.
Sunday 05 February 2017	River trip contact one of the numbers below to find out where and when	
Sunday 12 February 2017	River trip contact one of the numbers below to find out where and when	
Sunday 19 February 2017	Coach Training	Linda not available
Sunday 26 February 2017	River trip contact one of the numbers below to find out where and when	Linda not available
Sunday 05 March 2017	River trip contact one of the numbers below to find out where and when	Session at the lake, improve your paddling skills, Please ring to

		confirm you will be going to the lake.
Sunday 12 March 2017	River trip contact one of the numbers below to find out where and when	
Sunday 19 March 2017	River trip contact one of the numbers below to find out where and when	
Sunday 26 March 2017	Coach Training	

If you would like any further information on any of the events listed contact:

Linda            0191 4875664/ 07712182385

Ken              01665 799026

John             07710391056

Any further information on events will be E Mailed as I have them.